

Attachment 1

19RFP106 Human Sexuality & Responsibility Curriculum

National Sexuality Education Standards Scope and Sequence

Respondent Name: Advocates for Youth

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Instructions: Demonstrate, in narrative form, alignment of respondent's proposed curriculum to the National Sexuality Education Standards.

Grades 3, 4, 5

Healthy Relationships

NSES (3-5)	Grade 3	Grade 4	Grade 5
NSES HR.5.CC.1: Describe the characteristics of healthy relationships		Rights, Respect, Responsibility addresses this indicator in Lesson 4.2 titled Figuring Out Friendships.	
NSES HR.5.INF.1: Compare positive and negative ways friends and peers can influence relationships		Rights, Respect, Responsibility addresses this indicator in Lesson 4.2 titled Figuring Out Friendships.	
NSES HR.5.AI.1: Identify parents and other trusted adults they can talk to about relationships		Rights, Respect, Responsibility addresses this indicator in Lesson 4.2 titled Figuring Out Friendships.	
NSES HR.5.IC.1: Demonstrate positive ways to communicate differences of opinion while maintaining relationships			Rights, Respect, Responsibility addresses this indicator in Lesson 5.5 titled Being Clear With Your Friends.
NSES HR.5.SM.1: Demonstrate ways to treat others with dignity and respect	Rights, Respect, Responsibility addresses this indicator in Lesson 3.1. titled Respect for All.		

Personal Safety			
NSES (3-5)	Grade 3	Grade 4	Grade 5
PS.5.CC.1 Define teasing, harassment and bullying and explain why they are wrong	Rights, Respect, Responsibility addresses this indicator in Lesson 3.2 titled Teasing, Harassment and Bullying.		
PS.5.CC.2 Define sexual harassment and sexual abuse		Rights, Respect, Responsibility addresses this indicator in Lesson 4.3 titled Your Body, Your Rights.	
PS.5.INF.1 Explain why people tease, harass or bully others	Rights, Respect, Responsibility addresses this indicator in Lesson 3.2 titled Teasing, Harassment and Bullying.		
PS.5.AI.1 Identify parents and other trusted adults they can tell if they are being teased, harassed or bullied	Rights, Respect, Responsibility addresses this indicator in Lessons 3.2 titled Teasing, Harassment and Bullying and Lesson 3.3 titled Feeling SAFE!		
PS.5.AI.2 Identify parents or other trusted adults they can tell if they are being sexually harassed or abused		Rights, Respect, Responsibility addresses this indicator in Lesson 4.3 titled Your Body, Your Rights.	
PS.5.IC.1 Demonstrate ways to communicate about how one is being treated.	Rights, Respect, Responsibility addresses this indicator in Lesson 3.2 titled Teasing, Harassment and Bullying.		
PS.5.IC.2 Demonstrate refusal skills (e.g. clear “no” statement, walk away, repeat refusal)			Rights, Respect, Responsibility addresses this indicator in Lesson 5.5 titled Being Clear With Your Friends.
PS.5.SM.1 Discuss effective ways in which students could respond when they are or someone else is being teased, harassed or bullied		Rights, Respect, Responsibility addresses this indicator in Lesson 4.4 titled Taking A Stand Against Bullying.	
PS.5.ADV.1 Persuade others to take action when someone else is being teased, harassed or bullied		Rights, Respect, Responsibility addresses this indicator in Lesson 4.4 titled Taking A Stand Against Bullying.	

Identity			
NSES (3-5)	Grade 3	Grade 4	Grade 5
NSES ID.5.CC.1: Define sexual orientation as the romantic attraction of an individual to someone of the same gender or a different gender			Rights, Respect, Responsibility addresses this indicator in Lesson 5.4 titled What is Love Anyway?
NSES ID.5.AI.1: Identify parents or other trusted adults of whom students can ask questions about sexual orientation			Rights, Respect, Responsibility addresses this indicator in Lesson 5.4 titled What is Love Anyway?
NSES ID.5.SM.1: Demonstrate ways to treat others with dignity and respect	Rights, Respect, Responsibility addresses this indicator in Lesson 3.1 titled Respect for All.		
NSES ID.5.ADV.1: Demonstrate ways students can work together to promote dignity and respect for all people	Rights, Respect, Responsibility addresses this indicator in Lesson 3.1 titled Respect for All.		
Anatomy and Physiology			
NSES (3-5)	Grade 3	Grade 4	Grade 5
NSES AP.5.CC.1: Describe male and female reproductive systems including body parts and their functions			Rights, Respect, Responsibility addresses this indicator in Lesson 5.1 titled Sexual and Reproductive Anatomy.
NSES AP.5.AI.1: Identify medically accurate information about female and male reproductive anatomy			Rights, Respect, Responsibility addresses this indicator in Lesson 5.1 titled Sexual and Reproductive Anatomy.

Puberty and Adolescent Development			
NSES (3-5)	Grade 3	Grade 4	Grade 5
NSES PD.5.CC.1: Explain the physical, social and emotional changes that occur during puberty and adolescence		Rights, Respect, Responsibility addresses this indicator in Lesson 4.1 titled Making Sense of Puberty.	
NSES PD.5.CC.2: Explain how the timing of puberty and adolescent development varies considerably and can still be healthy		Rights, Respect, Responsibility addresses this indicator in Lesson 4.1 titled Making Sense of Puberty.	
NSES PAD.5.CC.3: Describe how puberty prepares human bodies for the potential to reproduce			Rights, Respect, Responsibility addresses this indicator in Lesson 5.2 titled Puberty and Reproduction.
NSES PD.5.INF.1: Describe how friends, family, media, society and culture can influence ideas about body image		Rights, Respect, Responsibility addresses this indicator in Lesson 4.1 titled Making Sense of Puberty.	
NSES PD.5.AI.1: Identify medically accurate information and resources about puberty and personal hygiene		Rights, Respect, Responsibility addresses this indicator in Lesson 4.1 titled Making Sense of Puberty.	
NSES PD.5.AI.2: Identify parents or other trusted adults of whom students can ask questions about puberty and adolescent health issues		Rights, Respect, Responsibility addresses this indicator in Lesson 4.1 titled Making Sense of Puberty.	
NSES PD.5.SM.1: Explain ways to manage the physical and emotional changes associated with puberty		Rights, Respect, Responsibility addresses this indicator in Lesson 4.1 titled Making Sense of Puberty.	

Pregnancy and Reproduction			
NSES (3-5)	Grade 3	Grade 4	Grade 5
NSES PR.5.CC.1: Describe the process of human reproduction			Rights, Respect, Responsibility addresses this indicator in Lesson 5.2 titled Puberty and Reproduction.
Sexually Transmitted Diseases and HIV			
NSES (3-5)	Grade 3	Grade 4	Grade 5
NSES SH.5.CC.1: Define HIV and identify some age appropriate methods of transmission, as well as ways to prevent transmission			Rights, Respect, Responsibility addresses this indicator in Lesson 5.3 titled Learning about HIV.

Grades 6, 7, 8			
Healthy Relationships			
NSES (6-8)	Grade 6	Grade 7	Grade 8
Compare and contrast the characteristics of healthy and unhealthy relationships HR.8.CC.1			Rights, Respect, Responsibility addresses this indicator in Lesson 8.3 titled Healthy or Unhealthy Relationships.
Describe the potential impacts of power differences such as age, status or position within relationships HR.8.CC.2			Rights, Respect, Responsibility addresses this indicator in Lesson 8.3 titled Healthy or Unhealthy Relationships.
Analyze the similarities and differences between friendships and romantic relationships HR.8.CC.3	Rights, Respect, Responsibility addresses this indicator in Lesson 6.5 titled More Than Friends: Understanding Romantic Relationships.		
Describe a range of ways people express affection within various types of relationships HR.8.CC.4	Rights, Respect, Responsibility addresses this indicator in Lesson 6.6 titled Liking and Loving: Now and When I'm Older.		
Describe the advantages and disadvantages of communicating using technology and social media HR.8.CC.5			Rights, Respect, Responsibility addresses this indicator in Lesson 8.6 titled Talking Without Speaking: The Role of Texting in Relationships.
Analyze the ways in which friends, family, media, society and culture can influence relationships HR.8.INF.1			Rights, Respect, Responsibility addresses this indicator in Lesson 8.2 titled The World Around Me.

Grades 6, 7, 8			
Healthy Relationships			
Analyze the impact of technology and social media on friendships and relationships HR.8.INF.2			Rights, Respect, Responsibility addresses this indicator in Lesson 8.6 titled Talking Without Speaking: The Role of Texting in Relationships.
Demonstrate communication skills that foster healthy relationships HR.8.IC.1			Rights, Respect, Responsibility addresses this indicator in Lesson 8.4 titled Choose Your Words Carefully.
Demonstrate effective ways to communicate personal boundaries and show respect for the boundaries of others HR.8.IC.2	Rights, Respect, Responsibility addresses this indicator in Lesson 6.3 titled Understanding Boundaries.		
Demonstrate effective skills to negotiate agreements about the use of technology in relationships HR.8.IC.3			Rights, Respect, Responsibility addresses this indicator in Lesson 8.4 titled Choose Your Words Carefully.
Develop a plan to stay safe when using social media HR.8.GS.1		Rights, Respect, Responsibility addresses this indicator in Lesson 7.11 titled Being Smart, Staying Safe Online	
Explain the criteria for evaluating the health of a relationship HR.8.SM.1			Rights, Respect, Responsibility addresses this indicator in Lesson 8.3 titled Healthy or Unhealthy Relationships?
Describe strategies to use social media safely, legally and respectfully HR.8.SM.2		Rights, Respect, Responsibility addresses this indicator in Lesson 7.11 titled Being Smart, Staying Safe Online	

Personal Safety			
NSES (6-8)	Grade 6	Grade 7	Grade 8
Describe situations and behaviors that constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence PS.8.CC.1			Rights, Respect, Responsibility addresses this indicator in Lesson 8.7 titled Warning Signs: Understanding Sexual Abuse and Assault.
Discuss the impacts of bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence and why they are wrong PS.8.CC.2			Rights, Respect, Responsibility addresses this indicator in Lesson 8.6 titled Warning Signs: Understanding Sexual Abuse and Assault.
Explain that no one has the right to touch anyone else in a sexual manner if they do not want to be touched PS.8.CC.3	Rights, Respect, Responsibility addresses this indicator in Lesson 6.3 titled Understanding Boundaries.		
Explain why a person who has been raped or sexually assaulted is not at fault PS.8.CC.4	Rights, Respect, Responsibility addresses this indicator in Lesson 6.3 titled Understanding Boundaries.		

<p>Identify sources of support such as parents or other trusted adults that they can go to if they are or someone they know is being bullied, harassed, abused or assaulted PS.8.AI.1</p>			<p>Rights, Respect, Responsibility addresses this indicator in Lesson 8.7 titled Warning Signs: Understanding Sexual Abuse and Assault.</p>
<p>Demonstrate ways to communicate with trusted adults about bullying, harassment, abuse or assault PS.8.IC.1</p>			<p>Rights, Respect, Responsibility addresses this indicator in Lesson 8.7 titled Warning Signs: Understanding Sexual Abuse and Assault.</p>
<p>Describe ways to treat others with dignity and respect PS.8.SM.1</p>		<p>Rights, Respect, Responsibility addresses this indicator in Lesson 7.10 titled Being the Change You Want to See in the World.</p>	
<p>Demonstrate ways they can respond when someone is being bullied or harassed PS.8.SM.2</p>			<p>Rights, Respect, Responsibility addresses this indicator in Lesson 8.1 titled Creating a Safe School: Celebrating All.</p>
<p>Advocate for safe environments that encourage dignified and respectful treatment of everyone PS.8.ADV.1</p>		<p>Rights, Respect, Responsibility addresses this indicator in Lesson 7.10 titled Being the Change You Want to See in the World.</p>	

Identity			
NSES (6-8)	Grade 6	Grade 7	Grade 8
Differentiate between gender identity, gender expression and sexual orientation ID.8.CC.1		Rights, Respect, Responsibility addresses this indicator in Lesson 7.6 titled I Am Who I Am.	
Explain the range of gender roles ID.8.CC.2	Rights, Respect, Responsibility addresses this indicator in Lesson 6.2 titled Gender Roles, Gender Expectations.		
Analyze external influences that have an impact on one's attitudes about gender, sexual orientation and gender identity ID.8.INF.1		Rights, Respect, Responsibility addresses this indicator in Lesson 7.7 titled Blue is for Boys, Pink is for Girls . . .Or Are They?	
Access accurate information about gender identity, gender expression and sexual orientation ID.8.AI.1			Rights, Respect, Responsibility addresses this indicator in Lesson 8.1 titled Creating a Safe School: Celebrating All.
Communicate respectfully with and about people of all gender identities, gender expressions and sexual orientations ID.8.IC.1		Rights, Respect, Responsibility addresses this indicator in Lesson 7.6 titled I Am Who I Am.	
Develop a plan to promote dignity and respect for all people in the school community ID.8.ADV.1			Rights, Respect, Responsibility addresses this indicator in Lesson 8.1 titled Creating a Safe School: Celebrating All.

Anatomy and Physiology			
NSES (6-8)	Grade 6	Grade 7	Grade 8
Describe male and female sexual and reproductive systems including body parts and their functions AP.8.CC.1		Rights, Respect, Responsibility addresses this indicator in Lessons 7.1 titled Everyone's Got Body Parts - Part One and Lesson 7.2 titled Everyone's Got Body Parts - Part Two.	
Identify accurate and credible sources of information about sexual health AP.8.AI.1	Rights, Respect, Responsibility addresses this indicator in Lesson 6.7 titled Being a Sex Ed Sleuth.		

Puberty and Adolescent Development			
NSES (6-8)	Grade 6	Grade 7	Grade 8
Describe the physical, social, cognitive and emotional changes of adolescence PD.8.CC.1	Rights, Respect, Responsibility addresses this indicator in Lesson 6.1 titled Change is Good.		
Analyze how friends, family, media, society and culture can influence self-concept and body image PD.8.INF.1			Rights, Respect, Responsibility addresses this indicator in Lesson 8.2 titled The World Around Me.
Identify medically accurate sources of information about puberty, adolescent development and sexuality PD.8.AI.1	Rights, Respect, Responsibility addresses this indicator in Lesson 6.1 titled Change is Good.		
Demonstrate the use of a decision-making model and evaluate possible outcomes of decisions adolescents might make PD.8.DM.1		Rights, Respect, Responsibility addresses this indicator in Lesson 7.8 titled Making SMART Choices.	

Pregnancy and Reproduction			
NSES (6-8)	Grade 6	Grade 7	Grade 8
Define sexual intercourse and its relationship to human reproduction PR.8.CC.1	Rights, Respect, Responsibility addresses this indicator in Lesson 6.6 titled Liking and Loving: Now and When I'm Older	Rights, Respect, Responsibility addresses this indicator in Lesson 7.3 titled Reproduction Basics.	
Define sexual abstinence as it relates to pregnancy prevention PR.8.CC.2	Rights, Respect, Responsibility addresses this indicator in Lesson 6.6 titled Liking and Loving: Now and When I'm Older		
Explain the health benefits, risks and effectiveness rates of various methods of contraception, including abstinence and condoms PR.8.CC.3			Rights, Respect, Responsibility addresses this indicator in Lesson 8.8 titled Birth Control Basics.
Define emergency contraception and its use PR.8.CC.4			Rights, Respect, Responsibility addresses this indicator in Lesson 8.8 titled Birth Control Basics.
Describe the signs and symptoms of a pregnancy PR.8.CC.5		Rights, Respect, Responsibility addresses this indicator in Lesson 7.4 titled Great Expectations: Signs and Symptoms of Pregnancy.	
Identify prenatal practices that can contribute to a healthy pregnancy PR.8.CC.6		Rights, Respect, Responsibility addresses this indicator in Lesson 7.4 titled Great Expectations: Signs and Symptoms of Pregnancy.	
Examine how alcohol and other substances, friends, family, media, society and culture influence decisions about engaging in sexual behaviors PR.8.INF.1			Rights, Respect, Responsibility addresses this indicator in Lesson 8.2 titled The World Around Me.

Identify medically accurate resources about pregnancy prevention and reproductive health care PR.8.AI.1	Rights, Respect, Responsibility addresses this indicator in Lesson 6.7 titled Being a Sex Ed Sleuth.		
Identify medically accurate information about emergency contraception PR.8.AI.2			Rights, Respect, Responsibility addresses this indicator in Lesson 8.8 titled Birth Control Basics.
Identify medically accurate sources of pregnancy-related information and support including pregnancy options, safe surrender policies and prenatal care PR.8.AI.3	Rights, Respect, Responsibility addresses this indicator in Lesson 6.7 titled Being a Sex Ed Sleuth.		
Demonstrate the use of effective communication skills to support one's decision to abstain from sexual behaviors PR.8.IC.1	Rights, Respect, Responsibility addresses this indicator in Lesson 6.4 titled Communicating About A Sensitive Topic.		
Demonstrate the use of effective communication and negotiation skills about the use of contraception including abstinence and condoms PR.8.IC.2		Rights, Respect, Responsibility addresses this indicator in Lesson 7.9 titled Let's Talk About Sex.	
Apply a decision-making model to various sexual health decisions PR.8.DM.1		Rights, Respect, Responsibility addresses this indicator in Lesson 7.8 titled Making SMART Choices.	
Describe the steps to using a condom correctly PR.8.SM.1 <i>(virtual or pictorial demonstration only; use of 'real' condom should be omitted from proposal)</i>			Rights, Respect, Responsibility addresses this indicator in Lesson 8.9 titled Using Condoms Effectively.

Sexually Transmitted Diseases and HIV			
NSES (6-8)	Grade 6	Grade 7	Grade 8
Define STDs, including HIV, and how they are and are not transmitted SH.8.CC.1		Rights, Respect, Responsibility addresses this indicator in Lesson 7.5 titled Protecting Your Health: Understanding and Preventing STDs.	
Compare and contrast behaviors, including abstinence, to determine the potential risk of STD/HIV transmission from each SH.8.CC.2		Rights, Respect, Responsibility addresses this indicator in Lesson 7.5 titled Protecting Your Health: Understanding and Preventing STDs.	
Describe the signs, symptoms and potential impacts of STDs, including HIV SH.8.CC.3		Rights, Respect, Responsibility addresses this indicator in Lesson 7.5 titled Protecting Your Health: Understanding and Preventing STDs.	
Analyze the impact of alcohol and other drugs on safer sexual decision-making and sexual behaviors SH.8.INF.1			Rights, Respect, Responsibility addresses this indicator in Lesson 8.2 titled The World Around Me.
Identify medically accurate information about STDs, including HIV SH.8.AI.1	Rights, Respect, Responsibility addresses this indicator in Lesson 6.7 titled Being A Sex Ed Sleuth.		
Identify local STD and HIV testing and treatment resources SH.8.AI.2			Rights, Respect, Responsibility addresses this indicator in Lesson 8.10 titled STD Basics: Reducing Your Risk.
Demonstrate the use of effective communication skills to reduce or eliminate risk for STDs, including HIV SH.8.IC.1		Rights, Respect, Responsibility addresses this indicator in Lesson 7.9 titled Let's Talk About Sex.	Rights, Respect, Responsibility addresses this indicator in Lesson 8.5 titled We Need to Talk.
Develop a plan to eliminate or reduce risk for STDs, including HIV SH.8.GS.1			Rights, Respect, Responsibility addresses this indicator in Lesson 8.10 titled STD Basics: Reducing Your Risk.
Describe the steps to using a condom correctly SH.8.SM.1			Rights, Respect, Responsibility addresses this indicator in Lesson 8.9 titled Using Condoms Effectively.